

Grief and Loss Specialist Training

LOCATION: Online, Self-paced

COURSE DESCRIPTION:

Many children will experience the death of a loved one during their formative years. Grief manifests itself in various ways and everyone expresses grief differently. Grief can affect children's emotions, attitudes, social interactions, sleep, appetite and overall health all of which can impact their ability to succeed in school. Sometimes, entire schools can experience grief as a result of the death of a student or faculty member.

Learn how you can support your students through their grief, and how you as the school counselor can play a crucial role in developing a successful response plan to help your school community cope with the loss and overcome their grief.

LEARNING OBJECTIVES:

After completing this course, you should be able to:

- Explain ways that students at different development stages understand death and grieve
- Identify ways to support grieving children and adolescents.
- Identify ways to help a student cope with death
- Brainstorm ways to implement a grief support group
- Discuss how the school as a whole can help students through grief
- Develop a school intervention plan for your school community after a death
- Recognize when outside help is needed
- Respect different cultural attitudes toward loss and grief

Required Course Assignments:	Hours:
E-Book: "35 Ways to Help a Grieving Child," The Dougy Center (pass knowledge assessment with 100%)	8
Book: "Helping the Grieving Student: A Guide for Teachers," The Dougy (pass knowledge assessment with 100%)	8

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Resource: Coping with a Traumatic Event in the School, MBAEA

G 1d; G 2e; G 2k; G 3c; G 3g G3h

COURSE INSTRUCTIONS:

Complete the course by reviewing the required course assignments and passing corresponding exams with a 100%.

To access your exams which include the course materials, login to your MyASCA account and click on My Profile. From your My Profile page, click on the "Purchases" tab at the top, then click on "Exams" on the left. Your course exams and affiliated course materials will be listed in the center of your screen. Click on "Details" to access the related course materials and/or to take your exam. Course materials can be found under the Documents section.