03.02.2023	
PURPOSE OF THE STUDY	

HOW THE RESEARCH ADVANCES THE PROFESSION

GUIDANCE FOR SCHOOL COUNSELORS IN PRACTICE The ACRES model includes six components: 1) Racial Identity Development, 2) Mental Health and Wellness Counseling, 3) Advocacy, 4) Activism 5) Family Involvement and 6) Community Resources/ Cultural Centers. This article provides a research-base for why each of these components are critical inclusions for comprehensive school counseling programs, as well as specific considerations for collaboratively implementing them in individual, small group, and large group formats.